01.65 EQUIPMENT AND PROTECTIVE CLOTHING DURING PRACTICE AND RACE

The FIM cannot be held liable for any injuries that a rider or passenger may sustain from the use of a specific item of equipment or protective clothing.

65.01 Clothing and protectors

It is recommended to use suit, trousers, long-sleeve shirts and undergarments made of textiles which are not fully constituted of nylon or spandex (e.g. Lycra, Elastan), in order to avoid degradation in case of abrasion (friction).

It is compulsory that riders wear either suit or trousers and long-sleeve shirt, chest and back protectors.

It is compulsory that all protective devices are clearly marked with the relative norms and comply with the following standard:

- EN 1621-1, Level 1 or 2, for shoulders, elbows, hips and knees
- EN 1621-2, Level 1 or 2 for the back: CB (Central Back) and FB (Full Back)
- EN 1621-3, Level 1 or 2, for the chest or EN 14021*

*The chest protectors according to EN 14021 are allowed until 31.12.2021.

It is strongly recommended to wear shoulder, elbow and knee protectors as well.

Repaired overalls are acceptable provided that the repair guarantees protection to the same standard as the original garment.

The Chief Technical Steward has the right to refuse any temporary repairs which are not deemed to provide the same protection as the original garment.

65.02 Footwear

Footwear, in a good condition, made of leather or other materials having equivalent properties, shall be worn and have a minimum height of 30 cm.

65.03 Gloves

Riders shall wear gloves made of leather or other materials having equivalent properties.

65.04 Eye protection

Riders shall wear goggles.

The use of glasses, helmet visors and "roll offs" is also permitted. The use of "tear offs" is forbidden for environmental reasons. The material used for glasses, goggles and visors must be made of shatter-proof material. Helmet visors must not be an integral part of the helmet.

69.03

All helmets must be intact and no alteration must have been made to their construction.

69.04

The Chief Technical Steward and/or the Technical Steward may perform the following checks before the rider is permitted to take part in practice of the race:

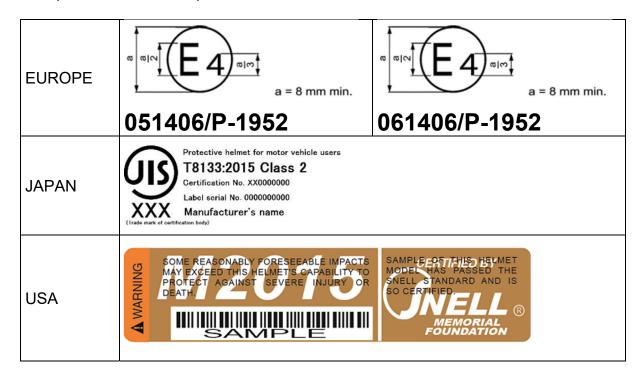
- **69.04.1** That the helmet fits well on the rider's head.
- **69.04.2** That it is not possible to slip the retention system over the chin, when fully fastened.
- **69.04.3** That it is not possible to pull the helmet over the rider's head by pulling it from the back of the helmet.

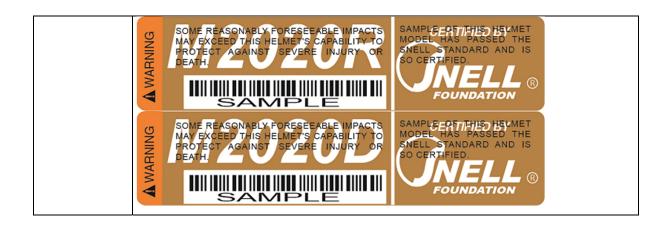
01.70 RECOGNISED HELMET APPROVAL MARKS

Helmets must conform to one of the recognised international standards:

EUROPE	ECE 22-05 or ECE 22-06 (only "P" type)	
JAPAN	JIS T 8133:2015 (only "Type 2 Full face")	
USA	SNELL M 2015 or SNELL M 2020D or SNELL M 2020R	

Examples of labels are reported below:





01.73 NATIONAL COLOURS FOR HELMETS

In competitions between national teams (e.g. ISDE), it is compulsory that the helmet's overall graphics represent the colours of the team's national flag or the colours as mentioned in the table below. The national flag can be replicated in stripes, bands or other patterns.

Andorra	FMA	White with vertical blue, yellow and red bands
Argentina	CAMOD	White with blue horizontal band
Australia	MA	Green and yellow sides, red, white & blue representation of the Australian flag across the top
Austria	OeAMTC	Bright red with a 60 mm wide black band and the label of the OeAMTC in a white field on the front side
Belgium	FMB	Yellow
Brazil	CBM	Yellow and green
Bulgaria	BMF	Green and red
Canada	СМА	White and 3 Red Maple leaves, one on front and one on each side
Chile	FMC	Red with blue band and yellow stars
China	CMSA	Red and yellow
Czech Republic	ACCR	Blue with red, white and blue border
Denmark	DMU	Red and white
Finland	SML	White with blue cross
France	FFM	Blue
Germany	DMSB	White with black border
Great Britain	ACU	Green
Greece	ELPA	White with blue border
Hungary	MAMS	Red and green
Ireland	MCUI	Green and orange
Italy	FMI	Red with one green and one white horizontal band
Japan	MFJ	White with red circle on top
Kenya	KMSF	Black, Red, Green, with white bands and the country name KENYA on both sides.